

陈氏太极拳新架二路英文名称 (71 式)

The names of 2nd Set of Chen Style Taijiquan (71 Forms)

by nishan (倪山)

- 1、Preparing form 预备势
- 2、Buddha's warrior attendant pounds mortar 金刚捣碓
- 3、Lazy about tying coat 懒扎衣
- 4、Six sealing and four closing 六封四闭
- 5、Single whip 单鞭
- 6、Move and hinder with elbow 搬拦捶
- 7、The fist of protecting the heart 护心拳
- 8、Walk obliquely and twist step on both sides 斜行拗步
- 9、Wing waist with elbow down 煞腰压肘拳
- 10、Go straight with left palm into well 井栏直入
- 11、The wind blows the plum flowers 风扫梅花
- 12、Buddha's warrior attendant pounds mortar 金刚捣碓
- 13、The fist of draping over the body 披身捶
- 14、The fist of covering the body 撒身捶
- 15、Cut hand 斩首
- 16、Turning flowers and playing with sleeves 翻花舞袖
- 17、The fist of covering the hand 掩手肱拳
- 18、Jump a step and strike with elbow 飞步腰拦肘
- 19、Wave hands like clouds (the former 3 times) 前云手
- 20、High pat on horse 高探马
- 21、Wave hands like clouds (the latter 3 times) 后云手
- 22、High pat on horse 高探马
- 23、Cannons in series (1) 连珠炮
- 24、Cannons in series (2) 连珠炮
- 25、Cannons in series (3) 连珠炮
- 26、Ride the animal in the reverse direction 倒骑龙
- 27、The white snake spites its tongue (1) 白蛇吐信
- 28、The white snake spites its tongue (2) 白蛇吐信
- 29、The white snake spites its tongue (3) 白蛇吐信
- 30、Turn flowers out from the bottom of the sea 海底翻花
- 31、Covering hands and strike arm 掩手肱拳
- 32、Turn body with six closing 转身六合
- 33、Wrap crackers—left style (1) 左裹鞭炮
- 34、Wrap crackers—left style (2) 左裹鞭炮
- 35、Wrap crackers—right style (1) 右裹鞭炮
- 36、Wrap crackers—right style (2) 右裹鞭炮
- 37、Beast's head pose 兽头势 (护心拳)
- 38、Splitting pose 披架子
- 39、Turning flowers and playing with sleeves 翻花舞袖
- 40、Covering hands and strike arm 掩手肱拳
- 41、Tame the tiger 伏虎