

SHAOLIN MASTER LIU PENG



3-DAY-DRILL
01-02-03/05/26





SHAOLIN MASTER LIU PENG

Has become a fixture
at "Health Brings Happiness."

This spring, they are bringing you a
"NO NONSENSE" 3-DAY DRILL.

This 3-day course will consist of materials for all levels.

With a focus on strength, endurance,
speed, flexibility, and mental resilience.

Shaolin also stands for dedication, which is why
it cannot be split into a 2-day or 1-day course.

So, only register if you can dedicate 3
days.

Friday, May 1, 9:00 AM - 12:00 PM + 2:00 PM - 5:00 PM
Saturday, May 2, 9:00 AM - 12:00 PM + 2:00 PM - 5:00 PM
Sunday, May 3, 9:00 AM - 12:00 PM + 2:00 PM - 5:00 PM

Registration fee: €240

*Confirm your participation by email,
and you will then receive all the information you need
to register.*

gezondheidbrenngeluk@telenet.be

More information?

www.gezondheidbrenngeluk.com

SHAOLIN

